



- Normal bronchial activity.\*<sup>19</sup>
- Free and easy joint movement.\*<sup>19</sup>
- Strong DNA defenses.\*<sup>20</sup>
- Prevention of cell injury caused by free radicals.\*<sup>21</sup>

# Normal blood pressure and cholesterol levels

*Put the pungent power of the allium family to work for your lifelong good health — with Garlic Allium Complex!*

## References

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*Immune-boosting phytonutrients from 4 allium vegetables!\**

## Why you need allium vegetables

The Egyptians had a health secret. So did the Greeks, Indians, Chinese, Vikings and Romans. What was it? Garlic! That's right, scores of ancient cultures prized garlic and other allium vegetables as foods, spices and folk remedies. Modern researchers confirm that potent allium vegetables promote healthy, normal blood pressure and cholesterol levels, a strong immune system, healthy cellular growth and renewal, and more!<sup>1, 2, 3, 4</sup> Unfortunately, many people miss out on these important benefits because they avoid allium vegetables, due to their strong odor and disagreeable aftereffects.

To get all the wellness benefits, minus the unpleasantities, supplement with GNLD Garlic Allium Complex. It's the only product of its kind to combine bioactive phytonutrients from whole-food garlic, green onions, leeks, and chives in an effective and potent — yet non-offensive! — formula.

Contact your independent GNLD distributor:

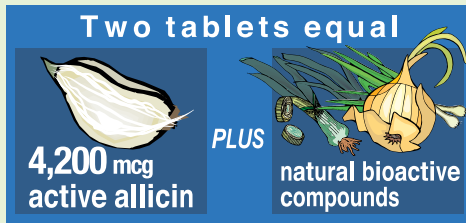


PEOPLE EMPOWERING PEOPLE



# 7 a-peeling reasons to take Garlic Allium Complex

- 1** Delivers more than garlic! Extracts and concentrates from 4 different allium vegetables: garlic, green onions, chives, and leeks — linked in numerous research studies to better health.
- 2** **Nutrient family approach.** More than alliin. Also includes other bioactive compounds known as *oleoresins* (oil-soluble substances from fresh garlic and onion) and *s-allyl cysteine*, natural components of allium vegetables that work together in different ways to benefit health.\*<sup>5</sup>
- 3** **High potency.** Two tablets deliver 4,200 mcg of active alliin — the same amount found in a clove of fresh garlic — and the amount research shows promotes wellness!<sup>2, 5</sup> That's potency you won't find with dried, aged, cooked, deodorized or non-coated garlic supplements.\*<sup>6, 7</sup>



- 4** **Natural enzymes protected.** GNLD's special technology protects the enzyme *allinase* from destruction by harsh stomach acid. Allinase is required for the formation of *alliin* in the intestine, the critical compound responsible for many of garlic's extraordinary health benefits.
- 5** **Targeted Delivery Technology.** Exclusive enteric coating delays disintegration until the target point in the intestines is reached, so the timely formation of fresh, active alliin is assured. Plus, an added benefit: Garlic Allium Complex does not cause repeating or garlic breath!
- 6** **Convenient.** No need to eat a clove of garlic every day, or chop onions, leeks and chives!
- 7** Every batch is laboratory validated for purity, potency and consistency.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## The science behind the supplement

### Why GNLD's Scientific Advisory Board created Garlic Allium Complex

People don't eat enough garlic. Even if you're one of the few who eats a clove or more a day, you're only getting a fraction of its important compounds! An enzyme you need in abundance is *allinase*, which works in your intestines to create health-promoting *alliin*. However, most of the allinase in fresh garlic is neutralized in your stomach long before it reaches your intestines.

Knowing this, GNLD's Scientific Advisory Board created Garlic Allium Complex with unique Targeted Delivery Technology to shield allinase from stomach acid destruction. As tablets safely reach your intestines, the bioactive ingredients are released, creating an impressive 4,200 mcg of fresh alliin per serving! So you receive all the health-promoting benefits of potent garlic and other allium vegetables while avoiding unpleasant after effects such as repeating and garlic breath. Garlic Allium Complex — exclusively from GNLD!

## Garlic is getting a lot of press lately

Research shows that the wellness-promoting nutrients in GNLD Garlic Allium Complex may support:

- Optimal cardiovascular health.\*<sup>8</sup>
- Normal cholesterol and triglyceride levels.\*<sup>2, 9, 10</sup>
- Healthy blood pressure levels.\*<sup>1, 11</sup>
- Normal platelet aggregation.\*<sup>12, 13</sup>
- Inhibition of harmful microbes.\*<sup>14</sup>
- Normal fungal and yeast presence.\*<sup>14</sup>
- Healthy elimination of intestinal parasites.\*<sup>14</sup>
- Blocking of conversion of nitrosamines. Many health researchers suspect nitrosamines can alter the normal, healthy growth rate of cells.\*<sup>4</sup>
- Normal, healthy cellular growth and renewal, especially of the gastrointestinal tract.\*<sup>15, 16, 17</sup>
- Activation of detoxifying enzymes.\*<sup>18</sup>
- Healthy immune system.\*<sup>3</sup>