

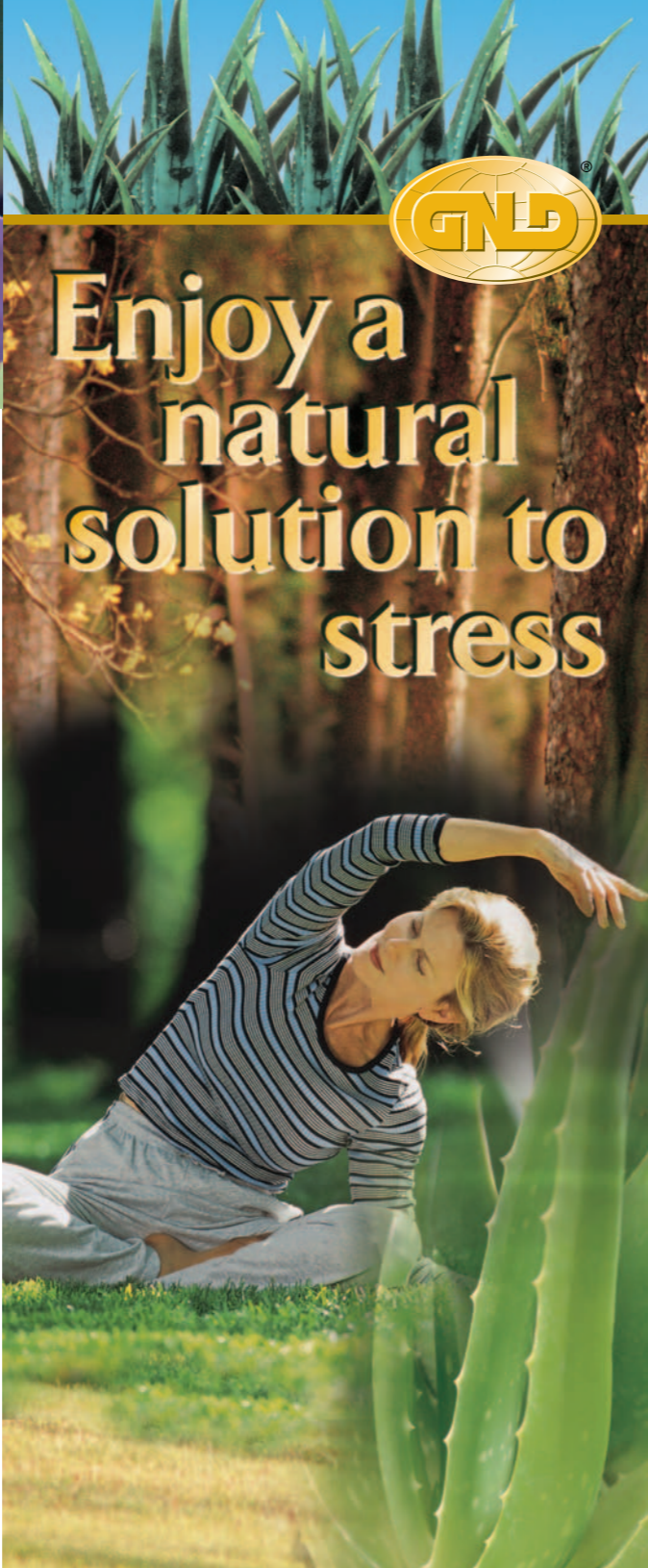


*"Once our monthly bills are paid, there's nothing left. How can we send the kids to college or put braces on their teeth? What if our old car breaks down permanently? No matter how hard we work, we just can't get ahead ..."*

### Take charge of your life!

We all want more control over our lives—and control is just what GNLD offers. Starting your own GNLD business empowers you to take charge of your health, your personal growth, your financial future! Begin with a part-time GNLD Distributorship, and see what life-changing products and an extra \$20,000 a year can do for you. Take your business to the next level, and you'll soon realize that the sky really is the limit with GNLD. Call now, meet the People of GNLD, and begin taking control!

Contact your independent GNLD Distributor:



# Enjoy a natural solution to stress



PEOPLE EMPOWERING PEOPLE



# STRESS: It steals your energy and your health

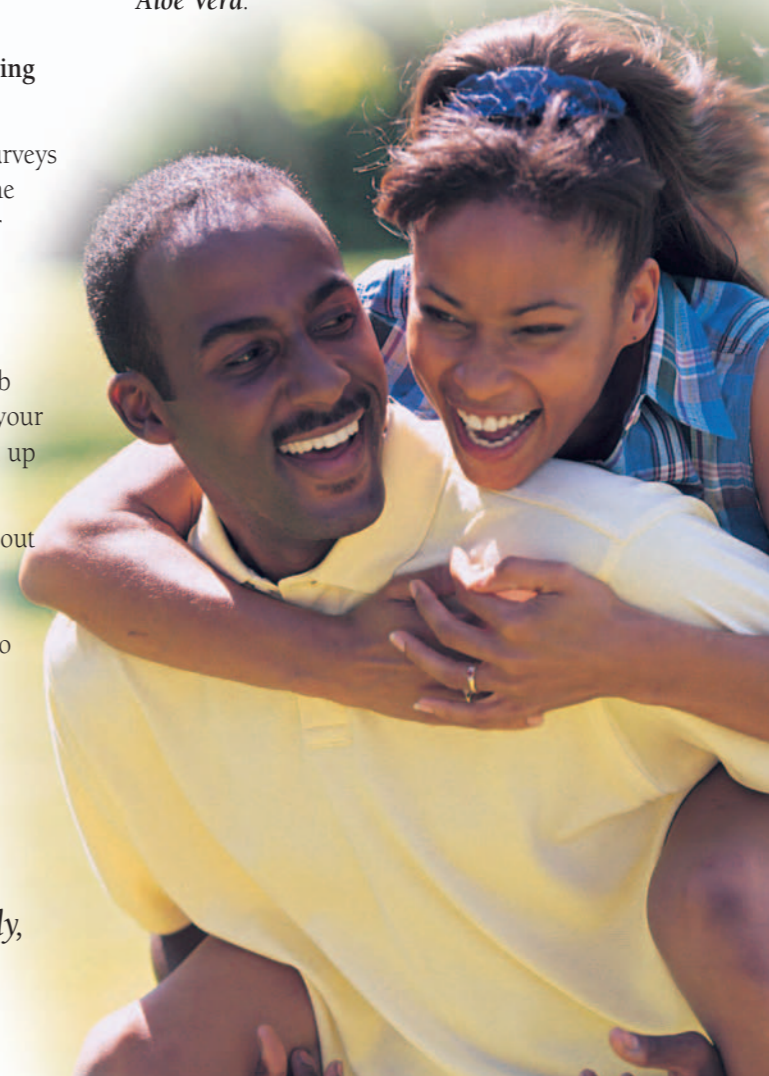
For virtually everyone in our modern world, stress is a fact of everyday life. It's not just people living in big cities or working at demanding jobs who get "stressed out." Even joyful events like becoming a parent or buying a new home carry with them extra burdens of stress.

Over time, stress can lead to a number of physical and mental health conditions that can affect energy level, sleep patterns, emotional outlook, and more.

Fortunately, there's a safe and effective solution that's been helping people for centuries to keep their bodies and minds strong, healthy and active: *Aloe Vera.*

### Stress undermines your well-being in every aspect of your life:

- **Financial stress** — National surveys constantly report that money is the number one cause of stress in our society. Bills, taxes, mortgages, insurance, college tuition — all take your hard-earned money.
- **Mental stress** — Deadlines, job politics, and lack of control over your day to day circumstances can add up to constant, exhausting worry.
- **Emotional stress** — Caring about people takes a lot of energy, and when your personal relationships are strained, a lot of the joy can go out of life.



*Vitality Aloe Vera Plus™ is a soothing solution to daily stress — refreshing and re-energizing the body, naturally.*



# Aloe Vera:

## A Rich History of Natural Healing

Perhaps the earliest depiction of the medicinal use of aloe vera is on Mesopotamian clay tablets dated 1750 B.C. In what is considered to be the first book of medicine ever written, ancient Greek herbalist Dioscorides recommended aloe vera for wound healing, constipation, insomnia, stomach disorders, pain, hemorrhoids, itching, headache, hair loss, blisters, skin care, sunburn, and beauty care.

In 1934, a medical radiologist tried aloe vera gel on victims of x-ray burns and found it more effective than any other agent. For generations, households have kept potted aloe vera handy — whenever someone has a cut, scrape, or burn, an aloe vera leaf is broken and the soothing gel is applied to the injury to reduce pain and swelling.

Today, consuming aloe vera internally has become a popular and effective solution to the many stresses of modern life. Nutrient-rich and naturally soothing aloe vera beverages help your body cope with stress by refreshing, re-energizing, and restoring natural vitality and health.



# Research confirms aloe vera offers a wide range of benefits

## How does aloe vera create so many different effects?

Some scientists think the key may be its polysaccharides, by far the largest group of aloe constituents.

Think of polysaccharides as simple sugar units linked together like beads in a necklace. Just as a string of beads may have different colors and lengths, the simple sugar units may be of different types (glucose or mannose) and the polysaccharide “necklaces” may be of different lengths, each of which may have different biochemical activities:

STRING SIZE	ACTIVITY
Small about 70 to 650 “beads”	May promote healthy blood sugar levels, free and easy joint movement and cellular health.
Medium about 1500 “beads”	Contributes antioxidants to help promote healthy cells and tissues throughout the body, particularly the cardiovascular system. Supports the body’s healthy response to environmental stress.
Large 4,000 to 5,000 “beads”	Soothes and helps maintain the health of the stomach lining in times of stress. Supports the healthy functioning of the entire digestive tract.
Very Large 8,000 to 9,000 “beads”	Supports optimal immune system response at the cellular level.

## Range of benefits

To date, science cannot explain all of the healing powers that have been attributed to aloe vera throughout the centuries. But we do know this: Life can be hectic, and soothing Vitality Aloe Vera Plus can help minimize the impact of stress on your health.







## What is aloe vera?

A member of the lily family, which includes asparagus, garlic, onion, and turnip, the inner leaf of the aloe vera consists of a pleasant-tasting gel that is more than 95% water and contains more than 200 different constituents, including mucopolysaccharides, enzymes, sterols, prostaglandins, fatty acids, amino acids, proteins, vitamins A and C, thiamin, riboflavin, niacin, calcium, phosphorus, potassium, magnesium, iron, boron, copper, zinc, manganese, chromium, and more!

# The GNLD Difference in Vitality Aloe Vera Plus™



- **50% finest aloe vera juice.** Harvested with the base of leaves intact and sealed, then processed right at the farm, GNLD aloe vera maximizes purity and retention of natural botanical health-promoting properties.
- **Gel only.** GNLD’s exclusive “Gel only” filleting process avoids undesirables found in whole-leaf aloe. 
- **50% GNLD’s special 3x Herbal Tea Blend.** Includes Siberian ginseng, “nature’s energizer,” plus chamomile and passionflower to calm and relax. Traditionally steeped for potency and purity. 
- **Important electrolytes.** Potassium and magnesium for metabolic support of the body, especially the cardiovascular and nervous systems.
- **Vitamin C.** Each serving provides 170% of the Daily Value for vitamin C, an antioxidant that supports immunity, cardiovascular health, skin tone, and more. 
- **“Glycemic edge” beverage.** Sweetened with fructose for quick and sustained energy.
- **Great natural flavor.** Pleasant-tasting aloe gel, delicious herbal tea blend, natural lemon flavor, and natural sweeteners add up to great taste. 
- **Only 16 calories per 2 oz. serving.**